Dear Readers,

Thank you for choosing to journey with me through *Faces of the Mother*.

This book is not simply a guide to feminine spirituality; it is an intimate invitation. An invitation to step into the sacred unraveling that calls so many women, to witness the many faces of your own divine nature, and to explore how transformation unfolds when we dare to trust the darkness as fertile ground for rebirth.

I wrote this book to give voice to experiences often dismissed or misunderstood—the spiritual hunger that success cannot fill, the grief that has no clear source, and the ways our hearts and wombs carry ancient wisdom waiting to be remembered. But within these pages you will also find archetypes, ritual, and sisterhood as guides toward embodied authenticity. I hope that my story and the voices of our Life Artists serve as mirrors, helping you reflect on your own journey and remember that what feels like breaking down is often breaking open.

Awakening is not a straight line. It is a spiral that calls us back again and again to places we thought we had transcended, each time with a chance to bring more compassion, more trust, and more fierce love for who we truly are.

As you read, I invite you not only to witness these stories, but to sit with your own. The questions below are offered as doorways into reflection and conversation. May they spark courage, authenticity, and sacred connection in your life and in the circles where you gather.

If *Faces of the Mother* has spoken to you, I'd love to hear what resonates with you. Share your reflections or favorite takeaways on social media using the hashtag #FacesoftheMother or by tagging me directly @Sharonann.rose. Your words not only encourage me, but they may also reach another woman who needs the reminder that she was never lost, only waiting to be re-membered. It is through celebrating our connections that we learn we all belong.

With my undying love,
Sharon Ann Rose

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SUGGESTED DISCUSSION QUESTIONS

- Sharon writes, "She believed she was lost. She believed she was broken." How do these beliefs manifest in your own life, and how does it feel to you to hear, "Beloved Daughter, You Were Never Lost"?

- The author describes this book as arising from "a darkness so rich, deep, enigmatic and dense." Share a time when you had to trust a process you couldn't understand. What did you discover there?

- Which of the Mother archetypes (Mystic, Artist, Healer, Distiller, Decomposer, Midwife, Creatress, Leader, Regenerator, Priestess, Bestower, Beloved, Unifier) resonated most strongly with you? Why do you think that particular face called to you?

- Sharon mentions writing this book "to forgive myself" and to grieve "lost years of not believing in my soul and its worth." What would self-forgiveness look like in your own life? What needs to be grieved?

- The concept of "Life Artists" suggests that we can approach our entire existence as a creative work. How might your life look different if you viewed yourself as an artist of your own experience? Explore any subtle nuances between being the Creator of your life, the Director of your life, and the Artist of your life. Notice how this feels in your body.

- Sharon writes about the "heart-womb connection" and embodied wisdom. How do you currently listen to your body's wisdom? What gets in the way of this listening?

- The book explores how women have been conditioned to distrust their intuition and inner knowing. Share an example of when you followed your intuition despite external pressure to do otherwise. What happened?

- Sharon describes writing this book "not to change you or the world" but "to accept the changeless" in herself. How does this perspective on creativity and service differ from typical approaches? How might it change your own creative expression?

- The author speaks of women "outgrowing the roles they have played." What roles have you outgrown or are currently outgrowing? What wants to emerge in their place?

- In the foreword, Jasmin Soleil writes about "re-wilding our hearts" and "reclaiming the womb wisdom which is our collective evolution." What does "re-wilding" mean to you, and how might it serve not just individual women but our broader culture?